



*An Association of Professionals, registered under the Laws of Manitoba*

## **Continuing Education Requirements for the Practice of Home Economics**

As interpreted and incorporated by the province of Manitoba Professional Home Economists Act:

**The “practice of home economics”** includes every act with or without reward which has as its objective the discovery, integration and application of physical and social sciences principles for the purpose of enhancing the quality of people’s daily lives and, without restricting the generality of the foregoing, includes the act of advising individuals, organizations and businesses; disseminating information; planning, conducting and evaluating educational programs; and conducting research related to:

- (a) knowledge and skills required for satisfying basic needs for food, clothing, shelter and human relationships,
- (b) consumer goods and services,
- (c) management of individual and family resources, and
- (d) public and private sector policies and programs affecting the well-being of individuals and families.

## **Continuing Education Options**

Any relevant program, event, or course and/or volunteer commitment that helps members remain current and maintain their professional standard of home economics in their career may be considered continuing education.

Continuing education records should be kept by members for three years. Records should include a brief description of the program/event/course/subject matter, location, date, duration and organizing group/body attended. For all non-MAHE sessions, a copy of the program or summary that documents the session should be kept in case verification is requested. Continuing education options include:

- Attendance at lectures, workshops, conferences, exhibits
- Individual/self-study
- University courses (credit, audit, correspondence)
- College or other educational institution (credit, audit, correspondence)
- Presentations to other professionals
- Writing for publication (articles, journals, training manuals, book reviews, position paper, thesis, HomeFamily.net blog)
- IPHE Mentoring
- MAHE Executive and Committee work
- Attendance at MAHE Board meetings (generally held via conference calls)
- Attendance at annual MAHE Strategic Planning session
- Attendance at MAHE Annual General Meetings

As of February 28, 2009, MAHE’s updated Continuing Education program enables members to follow MAHE’s Code of Professional Conduct by signing a declaration on the membership application form at the beginning of each membership year. The declaration prescribes, among other things, a member’s obligation to maintain professional competence and seek continuous professional growth by agreeing to follow the professional standards required for the practice of home economics.